

The Bradfield Tennis Academy programme is
proudly supported by

Macbeth

Insurance Brokers | Financial Services

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We don't just coach tennis - We live it

PERFORMANCE PROGRAMME



 **Babolat**

BRADFIELD
TENNIS ACADEMY



Weekly Programme schedule

Red Performance 3 x 1.5 hour sessions per week (includes Strength & Conditioning)

Orange Performance 3 x 1.5 hour sessions per week (includes Strength & Conditioning)

Green Performance 3 x 2 hour sessions per week (includes Strength & Conditioning)

Yellow Performance 4 x 2 hour sessions per week (includes Strength & Conditioning)

American University Scholarships

Through our links with Tennis Smart all players on the programme have the opportunity to explore and achieve scholarships in the US



Competition Schedule

All players on the programme receive competition advice and are guaranteed a minimum of one tournament support visit per term

****only if a competition schedule is provided in advance***

Parents receive a termly parental support presentation and a one - to - one meeting with their individual coach or Head of Performance

Quarterly Fitness Testing

All Performance players are expected to attend the quarterly fitness testing session.

Individual Coaching

All players on the programme must take a one - to - one lesson with a member of the Bradfield Tennis Centre Coaching Team

The Bradfield Tennis Centre Performance Programme (sponsored by Macbeth Insurance) has been running since 2013. Since then, the programme has gone from strength to strength with all of the players receiving County Cup training invites (as at 05/02/16)

We have also produced numerous County Champions with many players breaking into the top 50 and top 100 GB rankings.

The Programme caters for players aged 5 - 18 and provides players with the opportunity to train a minimum of three times a week with our highly qualified LTA Licensed coaching Team.

2018 saw players from the programme begin competing in higher Graded competition as well as travelling abroad to play in International competitions.



If you are interested in your child joining our Performance Programme please contact:

Damian Fuller, Director of Tennis, LTA MPC:

dfuller@bradfieldcollege.org.uk or call 01189 644 566

Peter Mogan, Head of Performance Tennis:

pmogan@bradfieldcollege.org.uk or call 01189 644 603